

# Basic principles of teaching adults - memory refresh card

## set goals:

- what do I want to teach them? SMART - specific, measurable, achievable, realistic, time-limited

## determine the means (methods) according to the goals:

- inform → lecture
- pass on knowledge → brainstorming, mind map, mind experiment, seminar, joint notebook...
- pass the skill → workshop, group exercises, model situations, problem-solving, projects
- convey an attitude → exchange of roles, reflection, self-reflection, discussion...

## verify the conditions and adapt to them:

- initial - get to know your group: what they can do, what they know, their experiences, their personalities, social status, age...
- immediate - mood, workload...

## verify results and motivate:

- show the value of the learned, practical applications, the consequences of ignorance, the benefits of knowledge, the experience of success, aha moment...

## what not to do:

- not to form a personality, not to educate

**When everything fails, contact your librarian! :-)** → [marta.zizenova@tul.cz](mailto:marta.zizenova@tul.cz)